



The Net

FIFTH SUNDAY IN ORDINARY TIME - 7TH AND 8TH FEBRUARY 2026

We, the people of Corpus Christi, seek to grow in living Christ-centred mission, sharing our gifts to foster welcome, justice and community in today's world.

A very warm welcome to anyone who is new to the parish.

First Reading

Isaiah 58:7-10

Thus says the Lord:

Share your bread with the hungry,
and shelter the homeless poor,
clothe the man you see to be naked
and turn not from your own kin.
Then will your light shine like the dawn
and your wound be quickly healed over.
Your integrity will go before you
and the glory of the Lord behind you.
Cry, and the Lord will answer;
call, and he will say, 'I am here.'
If you do away with the yoke,
the clenched fist, the wicked word,
if you give your bread to the hungry,
and relief to the oppressed,
your light will rise in the darkness,
and your shadows become like noon.

Responsorial Psalm

Ps 111:4-9. R. v.4

(R.) A light rises in the darkness for the upright.
1. He is a light in the darkness for the upright:
he is generous, merciful and just.
The good man takes pity and lends,
he conducts his affairs with honour. (R.)
2. The just man will never waver:
he will be remembered for ever.
He has no fear of evil news;
with a firm heart he trusts in the Lord. (R.)
3. With a steadfast heart he will not fear;
open-handed, he gives to the poor;
his justice stands firm for ever.
His head will be raised in glory. (R.)

Second Reading

1 Corinthians 2:1-5

When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

Gospel Acclamation

John 8:12

Alleluia, alleluia!

I am the light of the world, says the Lord;
the man who follows me

will have the light of life.

Alleluia!

Gospel

Matthew 5:13-16

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.
'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

REFLECTION by Fr Michael Tate Salty and Radiant

You are the salt of the earth, you are the light of the cosmos. 'You' is in the plural. So these descriptions are meant to apply to us as a Christian community.

Salt in the ancient world was a preservative for food. So, we are the ones who are to preserve the earth, to prevent its deterioration, to keep it life-giving.
Salt has to penetrate food to have an effect. We have to penetrate the world with our Sermon on the Mount values. Staying self-contained as a perfect little band of Christians is about as useful as salt remaining in the saltshaker. In Our Lord's scary opinion we would quite rightly be trampled underfoot.

How are we light for the cosmos? By 'good works'? No, a truer translation is by 'beautiful works'. These are those things we do which have grace, elegance and proportion and are therefore pleasing to observe: beautifully-good-works.

We could pause for a moment to pray that we remain salty and tangy, doing good beautifully and elegantly.



WEEKEND MASS TIMES

SATURDAY VIGIL 6pm

SUNDAY 7.30am & 9.30am

WEEKDAY MASSES

Tuesday & Wednesday at 6pm

Thursday & Friday at 9.10am

RECONCILIATION

Saturday evening from 5.00pm - 5.45pm in the Meeting Room

ROSARY

Fridays after morning Mass

CORPUS CHRISTI PARISH

Address: 86-92 Andromeda Drive
Cranebrook, NSW, 2749

Postal: PO Box 21
Cranebrook, NSW, 2749

Phone: 4730 1249

Email:

cranebrook@parracatholic.org

Facebook:

www.facebook.com/
CorpusChristiParishCranebrook

Office Hours: 9:00 am - 4:30pm
(Tues, Wed, Thurs & Fri)

PARISH TEAM:

Parish Priest-Fr Abraham

Kunnatholy CMI

-Abraham.Kunnatholy@parracatholic.org
- 0492894167 (emergencies only)
- Presbytery: 4729 1675

**Mrs Sue Weeks — Secretarial
Support**

**Mrs Vanessa Sultana — Office
Support**

SCHOOLS OF THE PARISH:

Corpus Christi Primary —
ph 4726 2200 (Principal - Mrs Sarah
O'Rourke)

Xavier College — ph 4777 0900
(Principal - Mr Michael Pate)

We acknowledge the Traditional Custodians who have walked upon and cared for this land for thousands of years.

Visit our website: www.corpuschristi.org.au

From the Parish Priest's Desk

The readings of the Fifth Sunday in Ordinary Time remind us that faith is not meant to be hidden or limited to words alone; it is meant to be lived and made visible through our daily actions.

In the Gospel (Matthew 5:13–16), Jesus calls His disciples the salt of the earth and the light of the world. Salt preserves and gives flavour; light dispels darkness and shows the way. Jesus does not say that we should try to become salt and light—He tells us that we already are. The challenge is whether we truly live according to this identity.

The first reading from the Book of Isaiah makes this call very concrete. True worship of God is not confined to prayer or ritual practices. God desires compassion, justice, and generosity—sharing with the hungry, caring for the poor, and standing with the oppressed. When faith is expressed through loving action, Isaiah assures us, “Then your light shall break forth like the dawn.”

In the second reading, St Paul reminds the Corinthians that the strength of Christian witness does not lie in clever words or human wisdom, but in the power of God. Our lives become credible witnesses to the Gospel when we rely on God’s grace rather than our own abilities.

In today’s world, often marked by indifference, injustice, and darkness, Christians are called to shine quietly and faithfully. Simple acts of kindness, forgiveness, honesty, and concern for others allow the light of Christ to shine through. Let us reflect: Does my life bring light to others? Does my faith add flavour to the world around me? May the Lord strengthen us to live as true salt and light, so that through our lives, God may be glorified. Or do I do the opposite of my call and identity by leading others to sin and evil? May we be challenged to be truly Christian in our lives.

Fr Abraham Kunnatholy CMI

FEAST DAYS THIS WEEK

February 10th: St. Scholastica

February 11th: Our Lady of Lourdes

February 14th: Sts Cyril and Methodius



POPE LEO XIV'S PRAYER INTENTION FOR JANUARY

For prayer with the Word of God

Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church

LET US OFFER GIFTS OF PRAYER

Anniversaries:

Tone Magri, Maria Caterina Cipriano, Carmencita Sampaga, Josephine Cauchi, Frank Buttigieg and family as well as all the saints in heaven.

For those who are sick:

Darren Hooton, Ruta Pelenatino, Rose Zahra, Marlene Rodger, Fr. Jerome Antogop.

Parish News

AS WE PREPARE FOR LENT...

As we prepare to enter the holy season of Lent, we invite all parishioners to join us in prayer, reflection, and reconciliation. Please note the following Lenten liturgies and gatherings and mark them in your diaries:



- **Wednesday 18 February, 7.00pm Ash Wednesday Mass** (This will replace the usual 6.00pm Mass)
- **Thursday 19 March, 7.00pm Second Rite of Reconciliation (with visiting priests)**
- **Fridays throughout Lent, 7.00pm Stations of the Cross**
- **Monday 23 – Wednesday 25 March, 6.00pm Evening Mass followed by a Lenten Reflection (Details to be confirmed)**

May this Lenten journey draw us closer to Christ and renew our hearts in faith, hope, and love.

Palm Leaves for Ash Wednesday



Baskets will be available in the church this weekend for the return of palm leaves from last year’s Palm Sunday. These palms will be used in the preparation of ashes for Ash Wednesday.

Thank you for your support as we prepare together for the season of Lent.

Volunteers for Leading the Stations of the Cross

We are seeking volunteers to lead the *Stations of the Cross* on Friday evenings during Lent at 7:00pm. This is a meaningful opportunity to help guide our parish community in prayer and reflection during the Lenten season.

If you are willing to assist, please write your name on the sign-on sheet in the foyer. Your support and generosity are greatly appreciated.

FR ABRAHAM'S LEAVE

Fr Abraham will be returning from annual leave on Tuesday 10th of February. We warmly welcome Fr Abraham back and hope his annual leave was restful and renewing.

If you require a priest in an emergency situation during Fr Abraham’s absence, please call 0423 725 148 to contact a priest from Kingswood parish



THIS WEEKEND WE WARMLY WELCOME FR. JOSEPH ARESSERIL JACOB "SAJU", OSA WHO WILL CELEBRATE OUR VIGIL MASS AND FR. ZVONIMIR GAVRANOVICH WHO WILL CELEBRATE OUR SUNDAY MASSES.

PARISH CENSUS - HELP US UPDATE OUR RECORDS

As we continue to grow as a parish of faith, Corpus Christi Cranebrook is conducting a Parish Census in 2026 to help us update our records and better understand the needs of our parish family.

We’re asking one person from each household to complete a short census card (online or on paper). It takes less than 5 minutes and will help us:

- Keep our contact details up to date,
- Communicate more clearly about parish news and events, and
- Plan for the needs of our parish community.

Please scan the QR code to complete the census online, or fill up a census card located at the back of the church and return it to the parish office or the collection box. Our census will run until the end of February but we kindly ask that the form be completed as soon as possible.

Thank you for helping us care better for our parish family.



Corpus Christi Sacrament Dates 2026

FIRST RECONCILIATION (PENANCE)

Parent Information and Registration evening:
Thursday 19th of February at 7pm

Parent and Child Formation Sessions:

Sessions will run on Wednesday evenings and Thursday afternoons from February 25th until March 12th.
(Three sessions per child)



Sacrament Date:

Thursday 26th March

CONFIRMATION

Parent Information and Registration evening:
Wednesday 22nd of April at 7pm

Parent and Child Formation Sessions:

Sessions will run on Wednesday evenings and Thursday afternoons from April 29th until June 11th. (Seven sessions per child)

Sacrament Dates:

Saturday June 27th at 10am
Sunday June 28th at 9.30am



FIRST EUCHARIST

Parent Information and Registration evening:
Wednesday August 12th at 7pm

Parent and Child Formation Sessions:

Sessions will run on Wednesday evenings and Thursday afternoons from August 19th until September 10th (Four sessions per child)

Sacrament Dates:

Saturday September 12th at 10am
Saturday September 12th at 6pm
Saturday September 19th at 10am
Sunday September 20th at 9.30am



BAPTISMS, WEDDINGS AND FUNERALS

Baptisms take place on the first and third Sunday of each month at 11am.

Parents wishing to have their child baptised are asked to contact the Parish Office to book the date of baptism and to register for the Rite of Welcome and Information Meeting. (These take place on the fourth Sunday of the month prior to your child's baptism.)



Bookings for weddings and funerals are taken on request. Please contact the Parish Office



DATES FOR YOUR DIARY...

Parish Morning Tea

Our parish hosts a morning tea after our 9.30am Mass on the second Sunday of every month. Our next parish morning tea will take place on

SUNDAY 8TH OF FEBRUARY



'Young in Spirit' Seniors Group

Our seniors group meets on the last Friday morning of each month after 9.10am Mass in the Parish Office. Our next senior's morning tea will take place on

FRIDAY 27TH OF FEBRUARY

CHILDREN'S WORKBOOKS

Due to a change in the SRE curriculum, a number of new and unused children's workbooks are no longer required and are available free of charge. The books are located in the foyer—please feel free to take as many as you like.

A CALL FOR HELP – PARISH GUTTERS



To support the ongoing maintenance of our parish, sections of our parish buildings are in need of new guttering. We are also hoping to install gutter guard throughout the parish buildings and presbytery. In order to keep costs to a minimum, we are seeking assistance from within our parish community. If you, or someone you know, works in this industry and may be able to help with this project, please contact the parish office. Your support would be greatly appreciated.

Diocesan News

FaithLIFE Scripture Short Course: Begins 10 February

FaithLIFE Scripture offers a 3-session Catholic Bible study and faith formation short course on how to engage with the Bible through the Catholic tradition during turbulent times. The program will run on Tuesday 10, 17 and 24 February at Our Lady, Queen of Peace Parish, Greystanes, from 7pm to 9pm. The program is facilitated by Scripture scholar Dr Michele Connolly RSJ and is open to adults of all ages and supports ongoing adult faith formation. To register, visit <https://parracatholic.org/events/faithlife-scripture-session-1/>

Diocesan World Day of the Sick: 11 February

A Mass for the World Day of the Sick, including the Sacrament of the Anointing of the Sick, will be held at 11am on 11 February 2026 at St Patrick's Church, Mary, Queen of the Family Parish, Blacktown. All are welcome, including those who may be sick, and those who care for the sick and dying and health care professionals. To register, please visit parracatholic.org/events/diocesan-world-day-of-the-sick-mass/
Download promotional material here.



Rosary Making Workshops

Come along for a fun evening of community and crafting rosary beads that will then be donated to the sick and dying in hospitals across our Diocese.

The craft evening will be held on the following days:

- ⌘ **Monday 9 February at the Bishop Bede Heather Centre, Blacktown, from 7pm.**
- ⌘ **Thursday 26 February at St Nicholas of Myra Parish, Penrith, from 7pm.**
- ⌘ **Saturday 7 March at Holy Spirit Parish, St Clair-Erskine Park, from 2pm.**
- ⌘ **Tuesday 10 March at Bishop Bede Heather Centre, Blacktown, from 7pm.**

Costs are \$5 per person – payable on arrival (includes all materials). To register and for more information, please visit parracatholic.org/rosary-workshops

Be The Witness



AUDITION NOW!



Monday, 16th Feb 2026, 6.30pm – 8.30pm
Monday, 23rd Feb 2026, 6.30pm – 8.30pm

Venue: St. Patrick's Parish, Allawah Street, Blacktown 2148.

COMING TO SYDNEY, AUSTRALIA
IN 2026!

Fifth Sunday in Ordinary Time—7th and 8th February 2026

Gospel Reflection

Today, when we describe a person as being the 'salt of the earth' it's generally meant in a way that says the person is hard working, straight talking and pretty down to earth. It's usually meant as a compliment but sometimes can come across as a bit condescending when used inappropriately. When Jesus tells the disciples that they are salt of the earth and the light of the world he is really saying 'You are to be the salt of the earth; you are to be the light of the world.' It is more of a directive than an affirmation of them.

Today's first reading from Isaiah helps to shed light on Jesus' meaning in the gospel passage: 'Share your bread with the hungry, and shelter the homeless poor, clothe the man you see to be naked and turn not from your own kin. Then will your light shine like the dawn.' It sounds a lot like the message from the last judgment in Matthew 25 when the king says 'whatever you did for one of these least brothers of mine, you did for me.' It's a message of justice and right relationship not only with God but with one another also.

To be salt of the earth and light of the world means to be the one who puts their hand up and steps forward to speak for, work for and act for those who are the least in this world. To have the potential and resources to be a force for good in the world and not act on it is to be like salt that's used for salting the streets or a lamp that's under a tub.

Scriptural context – Following blessings

Today's gospel passage is one that is quite commonly quoted and relatively well known. When it is taken in isolation, it's very easy to forget that these words immediately follow the Beatitudes that we heard in last week's gospel. The imperative for justice in the images of salt and light of the world becomes even clearer when we remember that these words follow the blessings on those who are poor; who mourn; who are merciful and fight for justice. Jesus has blessed all these who are least in the world and then charges the disciples to be salt and light for them.

Have you thought? – Affirmation or Challenge

The salt and light of the world passage is often used to affirm and encourage, but when Jesus tells his disciples – and us – to be salt and light of the world it is not so that they can draw attention and glory to themselves. The whole purpose of being salt and light is to lead others into right relationship with one another and with God. Whilst the translation we have clearly states that disciples are to be salt and light of the world, it is just as clear that the intention is that they/we be salt and light for the world.

From the perspective ... Following blessings

Gandhi, the great leader of the Indian independence movement, is credited with saying, 'You must be the change you want to see in the world.' He sought a life free from tyranny and violence and so led a movement of non-violent resistance. It's tempting to think that he may have been influenced by some of the teachings of Jesus because so much of his approach reflected Jesus' call for justice. The charge to be the light of the world that shines in the sight of all and sets an example for all is echoed succinctly in Gandhi's words.

Questions for Adolescents

Q. Which phrase from today's gospel or idea from the gospel reflection capture your attention?

Q. How would you describe what it means to be salt of the earth or light of the world?

Q. What can you do to be salt and light – an example – for others?

Q. Who do you know personally that you would describe as a light for others?

Questions for Adults

Q. Why do you think this particular teaching by Jesus immediately follows the Beatitudes?

Q. How might Jesus' reference to salt becoming tasteless fit with the understanding of a call to justice?

Q. In what way/s have you seen this familiar passage with new eyes today?

Q. What challenge for your own actions do you find in today's gospel?

Learning moments

There are a number of different theological interpretations about Jesus' phrase, 'You are the salt of the earth'. These different interpretations relate to different understandings about both the practical and metaphorical use of 'salt' in Jesus' time. Search the internet, a Bible concordance or a commentary of Matthew's gospel to find three different interpretations of the term 'salt' as it was used in ancient times and suggest how these different understandings might impact on our interpretation of Jesus' words.

During this week, take the time to identify someone in your life who is salt of the earth or light of the world and personally thank them for the example they provide.



REFLECTION FOR YOUNG PEOPLE – by Lisa-Marie Calderone-Stewart

Salt is a preservative and a flavour agent for food. Salt used to be rare and difficult to mine, but it is found in almost every kitchen today.

Why does Jesus compare us to salt?

Who is an adult that is like salt to the world – someone who makes life more flavourful? How have you learned from this adult?

Because salt is a key ingredient in the many instant, canned and prepared foods they consume, most Australians eat too much salt, and many are at risk of high blood pressure.

Do you know what your blood pressure is? When did you last have it checked?

What are your favourite foods? Are you aware of how much sodium (salt) they contain?

Do you put salt on food before you even taste it?

When it comes to salt, it is possible to have too much of a good thing. If we are like salt, what might be the 'good things' we have too much of?

Light is essential in order for us to see. When the sun goes down, we generally rely on electricity to light up our life.

What is the longest your home has ever gone without electricity? How did you cope?

Besides electric lights, what things would you have to do without if your home lost electric power for a week?

Why does Jesus compare us to light?

Who has been light for you – who has helped bring you out of the darkness? How have you learned from this person? How did that learning take place?

The **Living Word**

For Children

SUNDAY 8TH OF FEBRUARY — FIFTH SUNDAY IN ORDINARY TIME — YEAR A

FIRST READING

Share your food with everyone
who is hungry;
share your home
with the poor and homeless.
Give clothes to those in need;
don't turn away your relatives.
Then your light will shine
like the dawning sun, and you
will quickly be healed.
Your honest will protect you
as you advance,
and the glory of the Lord
will defend you from behind.
When you beg the Lord for help,
he will answer, "Here I am!"
Don't mistreat others
or falsely accuse them
or say something cruel.
Give your food to the hungry
and care for the homeless.
Then your light will shine
in the dark;
your darkest hour will be
like the noonday sun.



SECOND READING:

Telling about Christ and the Cross

Friends, when I came and told you the mystery that God had shared with us, I didn't use big words or try to sound wise. In fact, while I was with you, I made up my mind to speak only about Jesus Christ, who had been nailed to a cross.

At first, I was weak and trembling with fear. When I talked with you or preached, I didn't try to prove anything by sounding wise. I simply let God's Spirit show his power. That way you would have faith because of God's power and not because of human wisdom.

GOSPEL READING

Salt and Light

You are the salt for everyone on earth. But if salt no longer tastes like salt, how can it make food salty? All it is good for is to be thrown out and walked on.

You are the light for the whole world. A city built on top of a hill cannot be hidden, and no one lights a lamp and puts it under a clay pot. Instead, it is placed on a lampstand, where it can give light to everyone in the house. Make your light shine, so others will see the good you do and will praise your Father in heaven.

DISCUSSION STARTERS:

Who has ever tasted chocolate that doesn't have sugar in it?

What do you think it would taste like?

Jesus tells us we are like flavour in food. What might that mean?

Who has seen a bright light outside?

How far away can it be seen?

Jesus asks us to be a light for the whole world. How big would that light have to be?

Others can see our light when they see the good things we do.

What are some good things that we can do to make our light shine brightly?

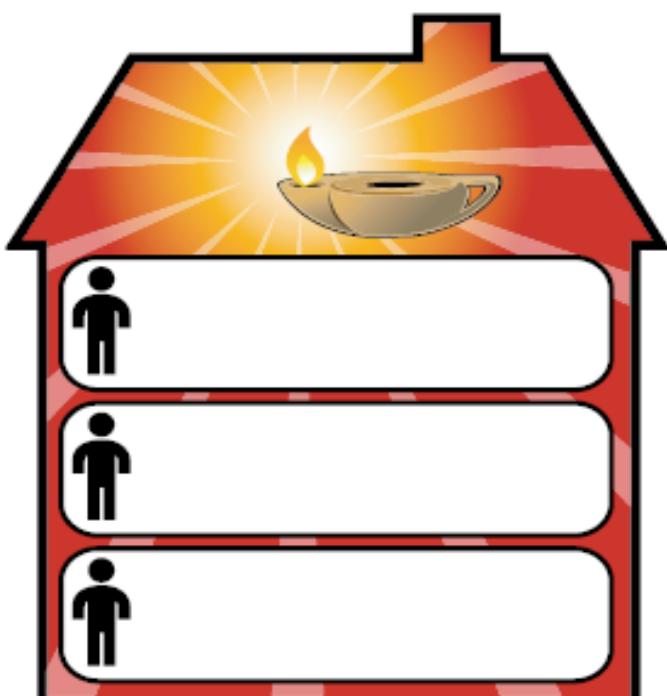
Children's Worksheet



5th Sunday in Ordinary Time, Year A

Draw a picture of yourself setting a good example to others.

LET
YOUR
LIGHT
SHINE



Unscramble and decipher these tiles to reveal one of Jesus' sayings from this week's Gospel.



Diocesan News



LET US BE CLOSE TO OUR BROTHERS AND SISTERS WHO ARE GOING THROUGH ILLNESS AND ALSO THEIR FAMILIES.
POPE FRANCIS

CELEBRATING

World Day of Prayer for the Sick

MASS OF OUR LADY OF LOURDES WITH THE RITE OF ANOINTING OF THE SICK

At the conclusion of Mass, a special blessing will be given for all carers and those who minister to the sick.

WEDNESDAY 11TH FEBRUARY 11AM 2026

St. Patrick's Catholic Church, 51-59 Allawah Street, Blacktown

Refreshments available following Mass. For catering purposes, RSVP to: ofw@parracatholic.org | 0460 037 795



The South-Sudanese and Sudanese Catholic Community together with the Diocese of Parramatta's Mission Enhancement Team invite you to the



St Josephine Bakhita Memorial Mass & Community Celebration

Patron Saint of South Sudan and Sudan & Patron Saint of the Victims of Modern Slavery and Human Trafficking

8 FEBRUARY 2026, 12:30 FOR 1PM START

St Patrick's Church, 51-59 Allawah St & All Saints of Africa Centre, 63 Allawah St Blacktown

Celebrant: Bishop Vincent Long OFM Conv



You are invited to

St Patrick's Primary Parramatta 100-Year Centenary Celebration



1926-2026

The St Patrick's Parramatta School Community warmly invites all former staff, students, and families to join us in celebrating 100 years of faith, learning and community.

Date: Saturday, 14th March 2026
Time: 1:30PM
Mass: St Patrick's Cathedral, Parramatta
Afternoon Tea: Following Mass in the Cloister Hall

Let us come together in Eucharist to share memories and celebrate companionship across generations.

RSVP via the [Centenary Celebration Form](#)



CATHOLIC CHARISMATIC RENEWAL OF PARRAMATTA DIOCESE



HOLY SPIRIT MISSION 2026

Come alive in the Holy Spirit!
1 Corinthians 12

DATE & TIME
Saturday, the 21st of February, 2026
From 12.00 PM to 5.00 PM
Sausage Sizzle at 12PM

VENUE
Our Lady Queen of Peace Greystanes (School Camilleri Hall)
198 Old Prospect Road, Greystanes 2145

Day Care / Child Minding services will be provided for children aged 2 to 6 years.



Scan To Register

Diocesan Notices

SAFEGUARDING TRAINING

As part of the Diocese of Parramatta's commitment to ensuring all children and adults at risk are safe, respected, protected and supported in our care, all staff and volunteers in our parishes, chaplaincies, agencies, ministries and councils are required to complete Mandatory Safeguarding.

For online training opportunities please visit:
<https://learning.safeguarding.org.au/>

For more information, please email: safeguardingtraining@parracatholic.org



Parish Giving

Planned Giving/Parish Donations

Your gift to Planned Giving helps cover the running of the parish and also contributes towards outreach in our parish community and beyond.

If you would like to contribute directly, the parish bank details are:

BSB: 067 950

Acct No: 100000698

Acct Name: Cranebrook Parish

Please ensure you put your details in the reference section (ENVELOPE N# OR SURNAME)

Please contact the Parish Office (02 4730 1249) if you

- are contributing to the Planned Giving Program via the envelope system and would like to change to credit card or direct debit;
- would like to join the Planned Giving Program.

With many thanks to all these local businesses who support our parish throughout the year.

Please consider supporting them when in need of these services...



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