



CORPUS CHRISTI PARISH, CRANEBROOK, NSW

# The Net

Visit our website: [www.corpuschristi.org.au](http://www.corpuschristi.org.au)

We acknowledge the Traditional Custodians who have walked upon and cared for this land for thousands of years.

**NINETEENTH SUNDAY IN ORDINARY TIME - YEAR B**

**10TH & 11TH AUGUST, 2024**

## REFLECTION *by Dianne Bergant CSA*

There are times God seems to ask too much of us. We labour for others, but do not see the fruits of our labour. Our families take us for granted, and we are exploited at work. This is particularly trying when we only wanted to be of service to others, to help them wherever we could. What's the point of giving of oneself when it only seems to be futile? In this we are like Elijah.



There are other times when we are challenged to change our way of thinking and to accept what seems to make extraordinary demands on us. A new way of understanding church may call us to be open to the cultural diversity within the community. Or it might claim that we have a responsibility toward the poor and homeless in our midst. New biblical insights make us question our familiar understanding of God or of Jesus or of ourselves. In this we might be like the Jews who murmured against Jesus.

We want evidence to substantiate these radical new claims. But the evidence that Jesus offered could only be accepted in faith. And so it is with us. When we ask God for some kind of sign that will assure us that this new challenge is really what God wants, the answers received must themselves be accepted and understood in faith. The only assurance we have is rooted in faith, and those who are not open in faith will not understand. God does indeed ask a great deal from us.

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We, the people of Corpus Christi,  
seek to grow in living  
a Christ-centred mission,  
sharing our gifts to foster welcome,  
justice and community in today's world.



A very warm welcome to anyone who  
is new to the parish.

So that we can get to know who you are,  
please introduce yourself to the priest or acolyte after Mass  
and fill out a Census Card, which is available in the foyer.

### WEEKEND MASS TIMES

SATURDAY VIGIL 6PM

SUNDAY 7.30AM & 9.30AM

### WEEKDAY MASSES

Tuesday & Wednesday at 6pm

Thursday & Friday at 9.10am

### RECONCILIATION

Saturday evening from 5.15pm -  
5.45pm in the Meeting Room

### ADORATION AND DEVOTION

First Friday of each month after  
9.10am Mass.

This is also an anointing Mass.

### CORPUS CHRISTI PARISH

Address: 86-92 Andromeda Drive  
Cranebrook, NSW, 2749

Postal: PO Box 21  
Cranebrook, NSW, 2749

Phone: 4730 1249

Email:  
[parishteam@corpuschristi.org.au](mailto:parishteam@corpuschristi.org.au)

### Facebook:

[www.facebook.com/  
CorpusChristiParishCranebrook](http://www.facebook.com/CorpusChristiParishCranebrook)

Office Hours: 9am - 3.30pm  
(Tues, Wed, Thurs & Fri)

### PARISH TEAM:

Administrator - Fr Jessie Balorio  
- [jessie.balorio@parracatholic.org](mailto:jessie.balorio@parracatholic.org)  
- 0451 851 610 (*emergencies only*)  
- Presbytery: 4729 1675

Mrs Marie Cottee - Parish Secretary/  
Sacrament Co-ordinator  
- [mc@corpuschristi.org.au](mailto:mc@corpuschristi.org.au)

Mrs Sue Weekes - Office Support  
- [sw@corpuschristi.org.au](mailto:sw@corpuschristi.org.au)

Mrs Joanne Hocking - Sacrament  
Support

### SCHOOLS OF THE PARISH:

Corpus Christi Primary – ph 4726 2200  
(Principal - Mrs Sarah O'Rourke)

Xavier College – ph 4777 0900  
(Principal - Mr Michael Pate)

# Parish News

## The Assumption of the Blessed Virgin Mary

Thursday 15th August

*This Solemnity is a holy day of obligation.*

Masses at St Nicholas of Myra will take place at  
7.00pm on 14th August (Vigil)  
6.45am, 9.30am & 7.00pm on 15th August.

Masses at St Joseph's Kingswood will take place at  
8.00am & 7.00pm on 15th August.

## WEEKDAY MASSES UPDATE

COMMUNION SERVICES WILL TAKE  
PLACE HERE AT CORPUS CHRISTI WHILE  
FR JESSIE IS ON LEAVE.  
TUESDAY & WEDNESDAY @ 6PM  
THURSDAY & FRIDAY @ 9.10AM

Should you wish to attend Mass please see the  
following:

Weekday Mass Times at

St Nicholas of Myra Parish, Penrith

Monday: 9:30am  
Tuesday: 6:45am & 9:30am  
Wednesday: 9:30am & 7pm  
Thursday: 9:30am  
Friday: 6:45am & 12:10pm

Weekday Mass Times at  
St Joseph's Parish Kingswood  
Monday to Friday at 8.00am

## CORPUS CHRISTI YOUTH

THE NEXT GATHERING WILL TAKE PLACE ON  
SUNDAY 18TH AUGUST AT 5.00PM

Liturgy followed by refreshments.

Please note that parents are welcome to attend the Liturgy  
and registration is not necessary.



## YOUTH MASS DATES

Parish Youth Masses will take place on the following  
Sundays at 5.00pm:

**15th September; 20th October;  
17th November; 15th December**

For more information about our parish Youth Masses  
please contact Fr Jessie or Kieran Faccin.

## 'YOUNG IN SPIRIT' SENIORS GROUP

Our seniors group meets on the last Friday morning of  
each month after 9.10am Mass in the Parish Office.

Please bring a small plate of food to share for morning tea.  
New members are always welcome.

## LAUNCH OF THE DIOCESAN PASTORAL PLAN FOR A SYNODAL CHURCH

*This weekend, on Saturday 10th August, the  
Diocese of Parramatta launched the  
Diocesan Pastoral Plan for a Synodal Church.*

Our pastoral plan represents the culmination of our Synod  
journey, where we have come together to listen, discern,  
and envision a path forward for our diocese over the past  
16 months. To download a copy of the Diocesan Pastoral  
Plan, visit [parracatholic.org/synodality](http://parracatholic.org/synodality).

## LET US OFFER GIFTS OF PRAYER:

Recently Deceased:

Norman Hennessey (06/08/24 - Peter Sinnet's brother-in-law)

Anniversaries:

Anthony Azzopardi (08/08/15), Francis Muscat (27/07/23)

For those who are sick:

Max Ducasse, Barbara Kemp, Werner Rauker,  
Rose Zahra, Eleanor Albertyn, Rosa Pronesti

## SACRAMENTS OF INITIATION

### Sacrament of First Eucharist

A parent only meeting for the Sacrament of  
First Eucharist will take place on

**WEDNESDAY 28TH AUGUST AT 6.30PM  
IN THE CHURCH.**

*This meeting is only for the parents of children who  
celebrated the Sacrament of Reconciliation in March 2024.*

### Sacrament of Baptism

Parents wishing to have their children Baptised  
are asked to contact the Parish Office to book the  
date of Baptism and to register for the Rite of  
Welcome and Information Meeting.



## PARISH GIVING

### Planned Giving/Parish Donations

*Your gift to Planned Giving helps cover the running of  
the parish and also contributes towards outreach in  
our parish community and beyond.*

If you would like to contribute directly, the parish bank  
details are:

BSB: 067 950  
Acct No: 100000698  
Acct Name: Cranebrook Parish



**Please ensure you put your details in the reference  
section (ENVELOPE N# OR SURNAME)**

*Please contact Marie at the Parish Office if you*

◇ are contributing to the Planned Giving Program via the  
envelope system and would like to change to credit  
card or direct debit;

◇ would like to join the Planned Giving Program.

### Advertising in The Net

Are you interested in advertising your business in The  
Net??? Ads run for 12 months for a cost of \$420 beginning  
in April. You can also run an ad one or three months.  
For details, please contact Marie at the Parish Office.

# Parish News

## MINISTRY OPPORTUNITIES

### New Ministry Roster

A huge thank you to all who support our parish by way of the various Liturgical Ministries.

We are about to get our information together to prepare a new Roster to cover the period from **31st August/1st September – 21st/22nd December**.

Would all those who are involved in rostered Ministries, please check your diaries and contact the Parish Office by either phone or email **prior to Tuesday 20th August** of any non-availability during that period.

### Liturgical Ministry Formation Course

The Office for Worship is taking enrolments for its Liturgical Ministry Formation Courses, which commence in September, for those who are interested.

There is no cost for these courses.

**Bede Heather Centre: 1-5 Marion St, Blacktown  
Mondays at 7pm**

- ⌘ 9th September: Compulsory Introduction Session.
- ⌘ 16th & 23rd September: Ministers of the Word.
- ⌘ 14th & 21st October: Ministers of Communion.
- ⌘ 28th October: Communion to the Sick & Dying.\*
- ⌘ 4th & 11th November: Ministers at the Altar.\*\*

\* If you wish to complete Communion to the Sick & Dying, you must attend the Ministers of Communion Session first.

\*\* If you wish to become a Minister at the Altar, you must attend all sessions.

**Deadline for enrolments: 2nd September.**

**Please contact the Parish Office for an enrolment form.**

**PLEASE NOTE THAT WE ARE UNABLE TO ADD ANYONE TO THE PARISH MINISTRY ROSTER UNTIL THE ABOVE RELEVANT COURSES AND THE REQUIRED SAFEGUARDING MODULES HAVE BEEN COMPLETED.**

## VOLUNTEERS NEEDED

### Catechist News... Are you able to help?

If you can spare about an hour each week during school terms and would like to find out more about becoming a teacher or a helper, you can call the Parish Office or our Catechist Co Ordinator, Lorrene Gorman on 0414 471 329.

### Children's Liturgy Volunteers Needed

Children's Liturgy is on during the school terms at 6pm and 9.30am Masses. We try to keep your rostered times to a maximum of 3 each term. Please contact the Parish Office for more details.

### Adopt a Garden

Thank you to everyone who volunteered to adopt a section of the parish gardens. If you are experiencing any problems with the work you are doing in your section, if you have any queries or would like to join this group, please contact the Parish Office, who will put you in touch with Greg Hall, the coordinator.

## SAFEGUARDING

### TRAINING OPPORTUNITIES

**All people on volunteer rosters or who have a role in Parish Ministry are Mandatory Reporters and as such, they are all required to do the Mandatory Safeguarding Training Modules online or in person.**

The modules are available to complete online at <https://parracatholic.org/safeguarding/training/>

**Cycle 1 (New staff/volunteers who have not completed any training within the Diocese)**

**Cycle 2 (Renewal Training for staff/volunteers who completed Cycle 1 two years ago)**

*Should you prefer to complete the modules in face-to-face meetings, the following dates are available:*

**Cycle 1 (Initial)**

Monday 26<sup>th</sup> August (Mods 1 & 3) 6.30pm-9pm at Rouse Hill Parish

Monday 2<sup>nd</sup> September (Mod 2) 6.30pm-8pm at Rouse Hill Parish

**Cycle 2 (Renewal)**

Saturday 24<sup>th</sup> August (Mods 4 & 5) 10am-1.30pm at Richmond Parish

For more information, please email: [safeguardingtraining@parracatholic.org](mailto:safeguardingtraining@parracatholic.org)

*Please note that each Parish has a Safeguarding Champion to liaise with the Officer for Safeguarding – Diocese of Parramatta, who can also help with answering any questions you may have. Moreno Faccin currently holds this role.*

## DIOCESAN NEWS

### Catholic Care

#### *Bringing Up Great Kids Parenting Group*

Parents and caregivers are welcome to join a parenting group designed by the Australian Childhood Foundation run over four sessions at

**Catholic Care's Mamre House, Orchard Hills, from Thursday 3rd September from 10am to 1pm.**

The course is supported by the free Mamre Creche. Numbers are limited, so express your interest by contacting (02) 8843 2500 or 0439 917 129 by 15 August.

### **MET Worship Children's Liturgy Workshop**

*Children's liturgy team members are invited to attend a workshop with an outline of the Diocesan Guidelines and a Children's Liturgy Q&A session with the Diocesan Liturgy Educator, Sr Mary-Louise Walsh.*

**Thursday 19th September from 7pm – 8:30pm at the Bishop Bede Heather Centre in Blacktown.**

To register or for more information, please email Lucy on [lucy.woodbury@parracatholic.org](mailto:lucy.woodbury@parracatholic.org) or use this link: <https://parracatholic.org/events/met-childrens-liturgy-workshop-19-sept/>





# The Living Word

19th Sunday in Ordinary Time - Year B

11th August 2024

## First Reading

1 Kings 19:4-8

A reading from the first book of Kings

*Strengthened by the food, he walked to the mountain of the Lord.*

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord', he said 'I have had enough. Take my life: I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

## Responsorial Psalm

Ps 33:2-9. R. v.9

*(R.) Taste and see the goodness of the Lord.*

I will bless the Lord at all times, his praise always on my lips;  
in the Lord my soul shall make its boast.  
The humble shall hear and be glad. *(R.)*

Glorify the Lord with me.

Together let us praise his name.

I sought the Lord and he answered me;  
from all my terrors he set me free. *(R.)*

Look towards him and be radiant;  
let your faces not be abashed.

This poor man called; the Lord heard him  
and rescued him from all his distress. *(R.)*

The angel of the Lord is encamped  
around those who revere him, to rescue them.

Taste and see that the Lord is good.

He is happy who seeks refuge in him. *(R.)*



## Second Reading

Ephesians 4:30 – 5:2

A reading from the letter of St Paul to the Ephesians

*Walk in love, just as Christ.*

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

## Gospel

John 6:41-51

A reading from the gospel according to John.

*I am the living bread come down from heaven.*

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other. 'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me.

Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life. I am the bread of life.

Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

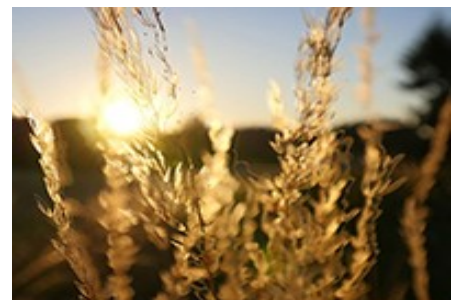
## GOSPEL REFLECTION FOR ADULTS AND ADOLESCENTS

### Questions for Adolescents

- \* Why were the people concerned by Jesus describing himself as coming down from heaven?
- \* What words/images does Jesus use to reinforce his closeness with the Father?
- \* In what ways is 'bread' both a suitable and challenging image for Jesus?
- \* Why is the regular reception of communion such an important element of the Catholic faith?

### Questions for Adults

- \* Which aspects of this passage do you find difficult / challenging / confronting?
- \* In what ways was Jesus challenging the Jewish beliefs of the day?
- \* How does the 'living bread' of Jesus continue to sustain us even today?
- \* If we are called to be like Jesus, in what ways can we be 'bread' for the world?



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## REFLECTION *by Fr Michael Tate*

### Enwombed in the Maternal Christ

Your mother and my mother, carrying her baby in the womb for nine months, effectively said: 'Take, eat, this is my body.' A mother able to breastfeed continues this communion as she offers her body to give life to her child.

Our Lord Jesus Christ adopts maternal language to express his deepest desire for us! He gives us his risen and glorified Humanity: 'Take, eat, this is my body', and a sort of life-giving mutual indwelling occurs: 'Those who eat my flesh and drink my blood abide in me and I in them.' This is as intimate as a baby dwelling in the womb of its mother. As St Paul put it in a different context, 'In Him we live and move and have our being.'

The Saviour of the World, the Conqueror of Death, dwells in my body and I dwell in his glorified body. This gives us 'eternal life' which is not something which begins after death, but is simply a label for Our Lord's Divinehuman life which we can share right now. However, because it is the life of the Conqueror of Death it will certainly impel us beyond the grave: 'The one who eats this bread will live forever.'

We could take a moment to pray to more fervently realise and take advantage of the fact that, at every Mass, we can respond to the invitation to come forward to Holy Communion so as to be enwombed in the maternal Christ.

© Fr Michael Tate



## REFLECTION FOR YOUNG PEOPLE

*by Lisa-Marie Calderone-Stewart*

Elijah is exhausted and ready to give up. He asks God to take his life.

Have you ever felt that way? If so, what were the stresses and pressures that led you to that point? How did you get through it? If not, do you know anyone who has felt that way? Can you imagine being in that situation? What would you do? Elijah doesn't want to take care of himself. He just wants to die. But an angel tells him to take care of his bodily needs or he won't have the strength he needs for the journey ahead.

Do you take good care of yourself? If so, how? If not, why not? Do your parents ever encourage you to take better care of yourself? What do they tell you? Does it make sense? Do you follow their advice? Why or why not?

God has big plans for Elijah, who already has done so much work telling people about God. And God is there for Elijah, helping him out when he doesn't know what to do or where to go.

Do you think God has big plans for you? Why or why not? What might God's plans be for you? What are your plans? Do you think your plans will ever get in the way of God's plans? Do you think God's plans could ever get in the way of your plans? Why or why not? How can someone figure out what plans God has in mind for their life?

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## Reflections *by Greg Sunter*

### Historical Context –

#### The Jews

It might strike the reader as a little odd that this gospel passage begins with 'The Jews were complaining to each other about Jesus'. Surely, Jesus and his disciples were also Jews, so why the derogatory use of 'the Jews'? At the time that this gospel was being written (probably in the last decade of the 1st Century) the Christians were firmly at odds with the Jewish community and were in fact banned from attending Jewish synagogues. This conflict is reflected in the way the Jews are portrayed throughout the Gospel of John.

### Scriptural context –

#### Who is Jesus?

One of the great concerns of the Gospel of John is to convey an understanding of who Jesus is. This powerful message is conveyed through a number of significant discourses – with Nicodemus, with the Samaritan woman, with the Jews etc. The gospel contains some of the 'great' images that we have for Jesus: living water; living bread; light for the world; the good shepherd; the way, the truth and the life. As opposed to the more narrative synoptic gospels, this gospel can be seen as a gospel rich in imagery and theological perceptions.

### Gospel Focus –

#### Living Bread

There is an obvious connection between this week's reading and the sacramental celebration of Eucharist. Jesus describes himself as living bread and then says whoever eats this living bread will live forever. These words capture the essence of the Church teaching about the real presence of Jesus in the Eucharist. Jesus is present in several ways at the celebration of Eucharist, particularly present in the bread and wine that become his body and blood. Through our celebration of the Eucharist, Jesus offers us his continuing, enduring presence.



### Pope Francis' Prayer Intention for August

*For political leaders*

We pray that political leaders be at the service of their own people, working for integral human development and for the common good, especially caring for the poor and those who have lost their jobs.



# Children's Worksheet

## I am the bread of life



19th Sunday In Ordinary Time, Year B



### Jesus gives us many things

Jesus had faith and trust in God, and he asks us to have faith and trust in him. Draw a picture of someone you love, who you have faith in and trust.

He gives us bread to eat.  
Where do we eat his bread?



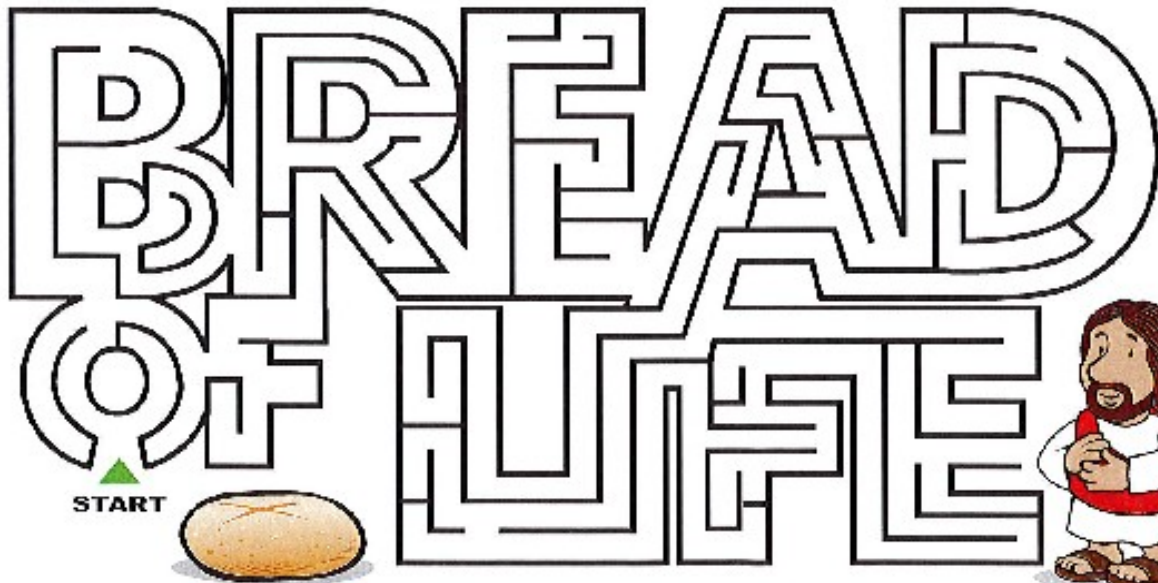
He gave us his life.  
Where did he give us his life?



He gives us love. How do we  
feel Jesus' love in our lives?



Can you make your way through the BREAD OF LIFE maze?



Jn 6:48-51

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