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18TH SUNDAY IN ORDINARY TIME - YR B

**31ST JULY & 1ST AUGUST
2021**

COVID-19 UPDATE

**Places of Worship and Religious Services
DUE TO COVID-19 PUBLIC MASSES AND CHURCH BUILDINGS
ARE CLOSED UNTIL FURTHER NOTICE.**

NSW Police have visited parishes in the Diocese of Parramatta to check on the use of buildings. Fines can be issued to each person who is in attendance if a breach has been identified.

Please visit our website or Facebook page for any updates.

Website:

www.corpuschristi.org.au

Facebook:

www.facebook.com/CorpusChristiParishCranebrook

Funerals

Funerals are permitted with a maximum number of 10 attendees only.
If the funeral takes place in a church building the physical distancing rule of 1.5 metres must be observed and face masks must be worn.

Weddings

Weddings are now on hold until further notice.

Live Streaming

Live streaming of Mass is recommended. Priests may have up to five assistants at the Mass, including personnel who are operating the live stream. Many of our parishes are also live streaming their services.

For a list of these parishes, please visit: <https://parracatholic.org/covid19>.

Parish office Hours

During this time of church closure the parish office will remain open at reduced hours. You are welcome to telephone or email and please leave a message if we don't answer the phone and we will get back to you.

In case you need any pastoral support please contact Fr Chris on 0415 505 594.



CORPUS CHRISTI PARISH

Address: 86-92 Andromeda Drive
Cranebrook, NSW, 2749

Postal: PO Box 21
Cranebrook, NSW, 2749

Phone: 4730 1249

Fax: 4729 2989

Email: parishteam@corpuschristi.org.au

Presbytery: 4730 6258

Office Hours: 9am - 3.30pm
(Tuesday–Friday)

PARISH TEAM:

Fr Christopher Antwi-Boasiako -
Parish Priest

Christopher.Antwi-Boasiako@parracatholic.org
Mobile: 0415 505 594

Deacon Owen Rogers
- owen.rogers7@bigpond.com

Mrs Marie Cottee - Parish Secretary
- mc@corpuschristi.org.au

Mrs Sue Weekes - Office Support
- sw@corpuschristi.org.au

Mrs Joanne Hocking - Sacrament Support

SCHOOLS OF THE PARISH:

Corpus Christi Primary – ph 4726 2200
(Principal - Mrs Sarah O'Rourke)

Xavier College – ph 4777 0900
(Principal - Mr Michael Pate)

Sacrament of First Communion 2021



PLEASE WATCH THIS SPACE. WE ARE WAITING ON UPDATES FROM THE GOVERNMENT REGARDING RESTRICTIONS AND HOW THEY WILL AFFECT THE SACRAMENT PROGRAM.

DATES HAVE BEEN PUT ON HOLD UNTIL FURTHER NOTICE.

CATECHISTS AND CATECHIST HELPERS NEEDED

Sharing our faith with the children of our parish community is a very rewarding opportunity. This period of staying at home is a perfect time to reflect on your faith and consider sharing your journey with Christ with the children in our government schools.

What's Involved?

- * Teaching time (30 minutes) and preparation.

What do I need?

- * An interest in children and the ability to communicate with them.

What help will I get?

- * Training to help you develop basic teaching skills and make the best use of your talents.
- * A teacher's manual containing easy lesson plans.
- * Student activity books for each child.
- * Other resources to help make lessons interesting.

If you feel you can help as a teacher or assistant once our Covid-19 lockdown is over or to find out more information please contact Marie at the Parish Office by telephone or email.

Advertising in The Net

Are you interested in advertising your business in The Net??? Or know anyone who might be??? Ads run for 12 months or there is the opportunity to run an ad on a monthly or three monthly basis. For more details, contact Marie at the Parish Office during office hours.

Let us Offer Gifts of Prayer:

Recently Deceased:

Magda Ghali (14/06 – Adel Ghal's sister), Charlie Vassallo, Joseph O'Neill, Sam Vassallo

Anniversaries:

Bibiana Zahrs (22/07), Emma Gavin (19/06/17), Maryann Azzopardi (14/05/16), Margaret Sullivan (11/05/20)

Mass Intentions:

Jovito Jr, Maria Aquilina, Josephine Portelli, Margaret & James Vella

And for those who are sick:

Esther Rodgers, Kevin & Mary O'Connor, Pauline Rugg



Join us on 'Home Ground' over the next four weeks

While in lockdown, you're invited to 'HOME Ground'. Online every weeknight for the next four weeks, join us for chat, music, prayer, hot topics and most of all – fun and connection.

See the free line-up at parracatholic.org/homeground.

The Diocese of Parramatta's Mission Enhancement Team look forward to seeing you on HOME Ground soon..

'The Well' Offers Spiritual Nourishment During Lockdown

Need some inspiration and spiritual encouragement during lockdown? Why not check out The Well? The Diocese's 'on demand' streaming site has a tonne of video and prayer resources for you to explore and engage with during this difficult time. Check it out on www.thewell.org.au

Euthanasia, Dying and the Dignity of the Human Person Talks

The Diocese of Parramatta is co-hosting a series of talks on euthanasia with the Diocese of Broken Bay ahead of the expected introduction of a draft bill in NSW Parliament to legalise euthanasia. The series of talks will be held via Zoom over three Monday nights starting 2nd August at 7.30pm.

All are welcome to attend. Information and registration can be found at parracatholic.org/euthanasiatalks/

Feast of Mary MacKillop – Sunday 8th August

No Masses will be celebrated at Mary MacKillop Place.

The Chapel remains closed.

Prayer resources are available on the website –

<https://www.marymackillopplace.org.au/feast-day-resources/>

Life, Marriage and Family Office Marriage Preparation Courses

Dates for the Diocesan Life, Marriage and Family Office's in-person marriage preparation weekend courses in 2021 are now available, with the SmartLoving Engaged Online course another option to prepare for your marriage. For more information, or to book your course, visit www.parracatholic.org/pmp or call (02) 8838 3460.

Manage your Fertility Naturally!

Are you looking for a natural method to manage your fertility? Are you trying to achieve pregnancy? Are you breastfeeding and looking for a natural way to space your children?

Natural Fertility Services – Diocese of Parramatta might have the answers you're searching for. For information, or to book an appointment, contact Catherine on 0400 427 605 or catherinebourne@parra.catholic.org or visit www.parralmf.org.au



The Living Word

18th Sunday in Ordinary Time - Year B

1st August 2021

First Reading

Ex 16:2-4, 12-15

A reading from the book of Exodus

I will rain bread from heaven upon you.

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our hearts content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them this way to see whether they will follow my law or not.'

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your hearts content. Then you will learn that I, the Lord, am your God."' And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

Responsorial Psalm

Ps 77:3-4, 23-25, 54. R. v.24

(R.) The Lord gave them bread from heaven.

The things we have heard and understood, the things our fathers have told us, we will tell to the next generation: the glories of the Lord and his might.

(R.)

He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven. **(R.)**

Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountain which his right hand had won. **(R.)**

Second Reading

Eph 4:17, 20-24

A reading from the letter of St Paul to the Ephesians

Put on the new person that has been created in God's image.

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

Gospel Acclamation

Mt 4:4

Alleluia, alleluia!

No one lives on bread alone, but on every word that comes from the mouth of God.

Alleluia!

Gospel

Jn 6:24-35

A reading from the holy Gospel according to John

Whoever comes to me will never be hungry; whoever believes in me will never thirst.

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered:

'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat.

Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.'

Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread;

for the bread of God is that which comes down from heaven and gives life to the world.'

'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

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REFLECTION by Fr Michael Tate

Who can satisfy human appetites?

Some religions, and even strands of Catholicism, try to suppress appetites in order to achieve some 'out-of-this-world' liberation. But appetites are good things, telling us what we humans need as bodily, social, spiritual beings. They provide a reality check against our tendency to think that salvation is exclusively about the soul.

Our appetites for food and drink, for affection and companionship, for the truth about the Big Picture of our life journey, need to be satisfied or we disintegrate in various ways.

Our Lord Jesus Christ proclaims in today's Gospel that He is the total satisfaction of our deepest human appetites: 'I am the Bread from Heaven which gives life to the world.'

That 'Life' is nothing less than participation in Divine Life, existing in the Big Picture in the way God intended. That is the nourishment offered not to a particular tribe or ethnic group, but to the whole of humanity, indeed to the whole of creation.

We could take a moment to pray for faith to recognise that the bread brought up at the Offertory is truly transformed: no longer short term food like manna in the desert, but 'the Bread of Life', the Real Presence of the One who nourishes our humanity, indeed who gives Life *to the world*.



REFLECTION by Dianne Bergant CSA

In many ways the Exodus story of the bread from heaven is very similar to last Sunday's accounts. However, the focus today is not divine prodigality shown through the overabundance of food, but total dependence on God. The bread comes from heaven, not merely because the food seems to come down from the sky, but because it comes from God. The restriction about collecting it was meant to emphasise this point. Our survival is in God's hands, not ours.

Jesus insists that he is the true bread from heaven; he is the real basis of our survival. The people followed him because they saw him as a source of bread; they did not realise that he is really the source of life. If we fill ourselves with all that the world provides as nourishment we will still hunger. Only faith in Jesus can satisfy our deepest hungers, and we will not be able to survive apart from him.

Acceptance of Jesus as the source of our life and the very nourishment of our spirits effects a total transformation in us. We will no longer be content to live with full bellies but empty minds. We will put aside our old selves steeped in ignorance and self-interest and put on a new self, created in his image. Having fed on the bread from heaven, we will be mysteriously transformed into it. The spirit of our minds will be renewed by his teaching. As a result, we will be able to launch out into a way of living that witnesses to our new understanding, our new life.

Pope Francis' Prayer Intention for July

Intention for evangelization - The Church



Let us pray for the Church,
that She may receive from the Holy Spirit
the grace and strength to reform herself
in the light of the Gospel.



REFLECTION FOR ADULTS AND ADOLESCENTS

Questions for Adolescents

- * Why do you think the crowd sought out Jesus after he miraculously fed 5,000 of them?
- * In what ways does Jesus try to 'redirect' the people?
- * Why would Jesus as the Bread of Life have been a powerful and significant image at the time?
- * In what ways does the Eucharist provide us with nourishment or food for our lives?
- * How are you / can you be 'bread' for others?

Questions for Adults

- * When Jesus answers the crowd's question of what they must do, why do they then ask for a sign?
- * Why would the production of manna from heaven have been prophesied as a sign of the Messiah?
- * What is your understanding of Jesus describing himself as the Bread of Life?
- * How does this image assist your understanding of and engagement with Eucharist?

This is an opportunity for parents to discuss today's Gospel with your children. The following questions and worksheet are a beginning point to assist with the discussion.

- * What are some of your favourite things?
- * Which of these are important because they keep you alive and well?
- * In today's Gospel Jesus tells us he gives us the bread of life, himself. How is Jesus good for us?
- * The more we believe in him and do what he asks the more we have Jesus within us.
- * We pray that Jesus will be with us this week and fill us with his goodness.



Work for food that gives eternal life

18th Sunday in Ordinary Time, Year B



God wants us to have faith in Jesus, the Son he sent to save us.

Write or draw answers to these questions. **When you have faith...**

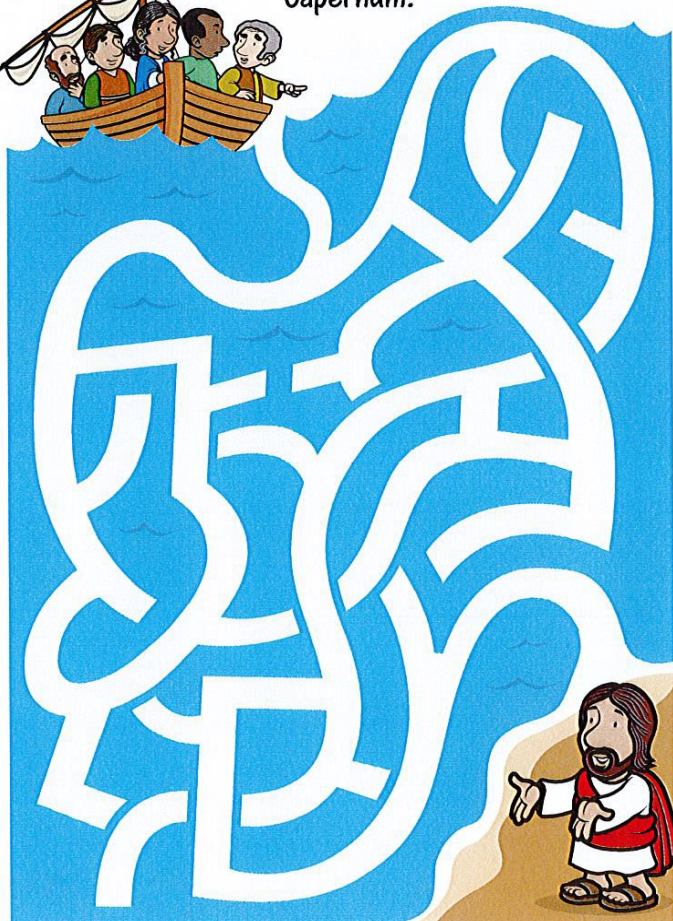
...how do you treat others?

...what do you do at mass?

...what do you do at home?



Help the people in the boat find their way to Jesus at the lake at Capernum.



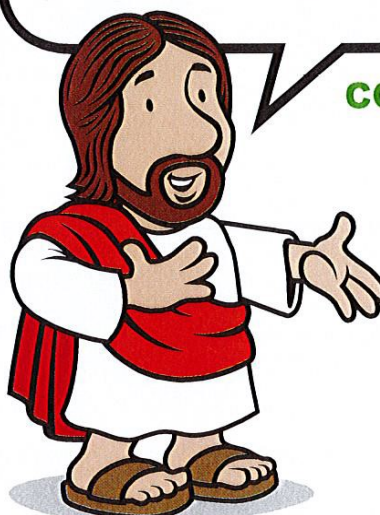
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FINISH

COMPLETE THE TEXT MAZE

"God wants you to have faith in the one he sent"




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who support our parish throughout the year.
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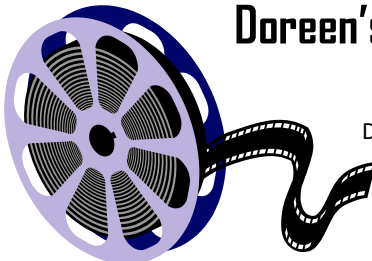
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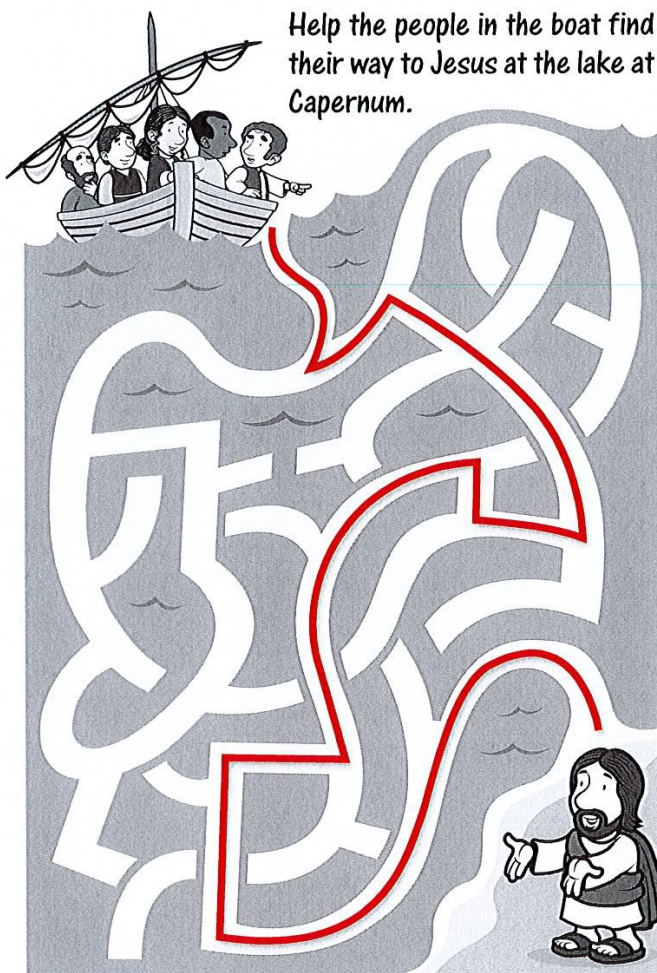
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Solutions

18th Sunday in Ordinary Time, Year B



**COMPLETE THE
TEXT MAZE**

"God wants you
to have faith in
the one he sent"