



Visit our website: [www.corpuschristi.org.au](http://www.corpuschristi.org.au)

*We acknowledge the Traditional Custodians who have walked upon and cared for this land for thousands of years.*

**19TH SUNDAY IN ORDINARY TIME - YR A**

**8TH & 9TH AUGUST,  
2020**

### WEARING OF MASKS FOR MASS

On consideration of the most recent NSW Health advice, the Diocese of Parramatta highly recommends all worshippers at Masses in the Diocese to wear a mask to, during and from Mass and other services.

We understand the inconvenience that masks may pose, but the health of our parishioners and the wider community is our highest concern.

We sincerely thank you for understanding, and for playing your part in keeping our community safe.

### WEEKEND MASSES

You are now invited to attend Mass every week at the time you were allocated by Fr Chris.

**THERE IS A CAP OF 100 PEOPLE AT ALL RELIGIOUS SERVICES HELD AT PLACES OF WORSHIP.**

Online Masses are still available so if you are feeling unwell  
you are advised not to attend Mass.

### WEEKDAY MASSES

**TUESDAYS & WEDNESDAYS AT 6PM (NO ADORATION)**

**THURSDAYS & FRIDAYS AT 9.10AM**

*You are welcome to attend any of these Masses without a phone call or email invitation.*

*Fr Chris will record attendance at these Masses as per government guidelines.*

**DUE TO COVID-19, THE MAXIMUM NUMBER OF PARISHIONERS  
PER MASS IN OUR PARISH CHURCH IS**

**100**

**PLEASE PRACTISE SOCIAL DISTANCING BEFORE, DURING  
AND AFTER LITURGICAL CELEBRATIONS.**



As per government regulations, please observe the  
4 square metre rule.

*Please note that hand sanitiser is available at the Church entrances  
for use upon entering and exiting the Church.*



### **CORPUS CHRISTI PARISH**

Address: 86-92 Andromeda Drive  
Cranebrook, NSW, 2749

Postal: PO Box 21  
Cranebrook, NSW, 2749

Phone: 4730 1249

Fax: 4729 2989

Email: [parishteam@corpuschristi.org.au](mailto:parishteam@corpuschristi.org.au)

Presbytery: 4730 6258

Office Hours: 9am - 3.30pm (Tues-Fri)

### **PARISH TEAM:**

Fr Christopher Antwi-Boasiako -  
Parish Priest

[Christopher.Antwi-Boasiako@parracatholic.org](mailto:Christopher.Antwi-Boasiako@parracatholic.org)  
Mobile: 0415 505 594

Deacon Owen Rogers  
- [owen.rogers7@bigpond.com](mailto:owen.rogers7@bigpond.com)

Mrs Marie Cottee - Parish Secretary  
- [mc@corpuschristi.org.au](mailto:mc@corpuschristi.org.au)

Mrs Sue Weekes - Office Support  
- [sw@corpuschristi.org.au](mailto:sw@corpuschristi.org.au)

Mrs Joanne Hocking - Sacrament  
Support

### **SCHOOLS OF THE PARISH:**

Corpus Christi Primary - ph 4726 2200  
(Principal - Mrs Sarah O'Rourke)

Xavier College - ph 4777 0900  
(Principal - Mr Michael Pate)

# The Living Word

19th Sunday in Ordinary Time

9th August, 2020

## First Reading

1 Kgs 19:9.11-13

A reading from the first book of the Kings

*Go out and stand on the mountain before the Lord God.*

When Elijah reached Horeb, the mountain of God, he went into the cave and spent the night in it. Then he was told, 'Go out and stand on the mountain before the Lord.' Then the Lord himself went by. There came a mighty wind, so strong it tore the mountains and shattered the rocks before the Lord. But the Lord was not in the wind. After the wind came an earthquake. But the Lord was not in the earthquake. After the earthquake came a fire. But the Lord was not in the fire. And after the fire there came the sound of a gentle breeze. And when Elijah heard this, he covered his face with his cloak and went out and stood at the entrance of the cave.

## Responsorial Psalm

Ps 84:9-14. R. v.8

**(R.) Lord, show us your mercy and love, and grant us your salvation.**

I will hear what the Lord God has to say, a voice that speaks of peace. His help is near for those who fear him and his glory will dwell in our land. **(R.)**

Mercy and faithfulness have met; justice and peace have embraced. Faithfulness shall spring from the earth and justice look down from heaven. **(R.)**

The Lord will make us prosper and our earth shall yield its fruit. Justice shall march before him and peace shall follow his steps. **(R.)**

## Second Reading

Rom 9:1-5

A reading from the letter of St Paul to the Romans

*I would willingly be condemned if it could help my people.*

What I want to say is no pretence; I say it in union with Christ – it is the truth – my conscience in union with the Holy Spirit assures me of it too. What I want to say is this: my sorrow is so great, my mental anguish so endless, I would willingly be condemned and be cut off from Christ if it could help my brothers of Israel, my own flesh and blood. They were adopted as sons, they were given the glory and the covenants; the Law and the ritual were drawn up for them, and the promises were made to them. They are descended from the patriarchs and from their flesh and blood came Christ who is above all, God for ever blessed! Amen.

## Gospel Acclamation

Lk 19:38

Alleluia, alleluia!  
I hope in the Lord,  
I trust in his word.  
Alleluia!

## Gospel

Mt 14:22-33

A reading from the holy Gospel according to Matthew

*Command me to come to you over the water.*

Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by now far out on the lake, was battling with a heavy sea, for there was a head-wind. In the fourth watch of the night he went towards them, walking on the lake, and when the disciples saw him walking on the lake they were terrified. 'It is a ghost'

they said, and cried out in fear. But at once Jesus called out to them, saying, 'Courage! It is I! Do not be afraid.' It was Peter who answered. 'Lord,' he said 'if it is you, tell me to come to you across the water.' 'Come' said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. 'Lord! Save me!' he cried. Jesus put out his hand at once and held him. 'Man of little faith,' he said 'why did you doubt?' And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, 'Truly, you are the Son of God.'



## Living the Gospel – Christian

What does it mean to describe oneself as a Christian today? A common understanding might be 'one who follows the teachings of Jesus Christ'. Perhaps, based on the understanding of what it meant to be a disciple, we might better describe a Christian as one who learns from the teachings of Jesus and seeks to emulate the work of Jesus. That is, a Christian is someone who models their life on the example of Jesus and is the face of Jesus to others. That's a tougher job description than just turning up to church once a week or putting a bumper sticker on your car.

## Gospel Focus – 'Lord! Save me!'

The cry of Peter is one that each of us feels the need to cry out at some stage in our life. Jesus trusted Peter's ability to walk to him on the water; otherwise he would not have called Peter to do so. It is Peter who doubts himself. In this moment of realising that he can't do it alone, he calls out to Jesus. One of the enduring images of Jesus is as the one who saves – the Saviour. When the realisation eventually comes to each of us that we can't do it all alone, we need only call on the one who saves.



## REFLECTION *by Fr Michael Tate* Keep Rowing!

The disciples had started off from the Jewish side of the Sea of Galilee, familiar territory. Jesus guided them through the stormy situation to 'the other side', the pagan side, unfamiliar territory where they would not have felt at home.

Buffeted by storms, the Church is in the midst of a journey from familiar to unfamiliar territory.

Some of the storms include a new attitude to authority, to gender roles. There is anger and suspicion at sexual abuse and its cover up. In all these situations and many more, Our Lord will not allow us the indulgence of nostalgic yearning for the safety of the past country inhabited by the Church. We must make our way to the other shore.

We could pause for a moment, resolving to row with courage because we know we are in the same boat as Peter whom our Risen Lord assures:

'Do not be afraid.'

---

## Reflection by Dianne Bergant CSS

Although divine power is manifested in dramatic ways, it is also present in what is unassuming. Traces of God can be seen in the delicacy of a violet, in a cool summer breeze, in



the blush of innocence, in the fiery eyes of justice. Every one of us lives in the midst of God, breathes the breath of God's life, and is constantly touched by the exquisite artistry of God's creativity. Life itself is a mountain experience of God.

As wonderful as life may be, it can also be very frightening at times. There are misunderstandings and rancour, jealousy and vindictiveness, greed and a hunger for power. Our personal lives can come unravelled and we can feel that we are genuinely 'at sea'. Every human being is tossed about by the exigencies of life. It is at times like these that we need faith in Jesus. Even though we do not recognise him, he is there in the midst of our chaos. Having the power of God, he is the definitive champion of all chaos, and so he is able to allay our fears and calm the sea.

A true experience of God, whether it be within the ordinariness of life or one of life's tribulations, is both transformative and effusive. It is a reality that cannot be contained; it must be proclaimed. Disciples must be ready to do what they can in order that the good news of God's revelation be made known to others.



## Pope Francis' Prayer Intention for August *The Maritime World*



We pray for all those who work and live from the sea, among them sailors, fishermen and their families.



## REFLECTION FOR ADULTS AND ADOLESCENTS

### Questions for Adolescents

- \* Why might Jesus have sent the disciples on ahead of him?
- \* Why is the disciples' first reaction one of fear rather than relief at seeing Jesus?
- \* Which emotions might Peter have experienced throughout this episode?
- \* What is it that prompts the disciples to make their declaration of faith?
- \* What message for your own life do you take from this passage?

### Questions for Adults

- \* In what way would the command to walk on water have been a confirmation of Jesus' identity for Peter?
- \* How do you imagine the other disciples reacted to Peter stepping out of the boat?
- \* In what ways would describing the message of this story as 'have faith' be inadequate?
- \* When have you ever felt separated from Jesus as the disciples were when the storm engulfed them?

***This is an opportunity for parents to discuss today's Gospel with your children. The following questions and worksheet are a beginning point to assist with the discussion.***

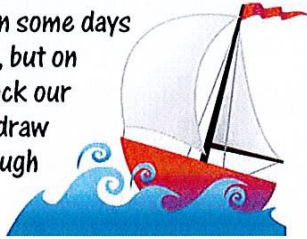
- \* Where were Jesus and his friends in today's Gospel?
- \* What did his friends do when they saw Jesus walking on water?
- \* What did Jesus say to them?
- \* Why did Peter begin to sink when he got out of the boat?
- \* What did Jesus do?
- \* Jesus comes to help us when we find things hard.
- \* What are some of the things that you need Jesus to help with?
- \* We pray that we might believe in Jesus, even in the hard times.





19th Sunday in Ordinary Time, Year A

Life is a bit like a boat out at sea - on some days life seems good and the sea is calm, but on other days there are storms that rock our boat and try to tip it over. Write or draw some of the things that make life tough for you on those stormy days?



We can have faith that Jesus will always be there to help us in difficult times. Write a prayer asking God to help you when things get tough.

*Dear Lord,*

---

---

---

---

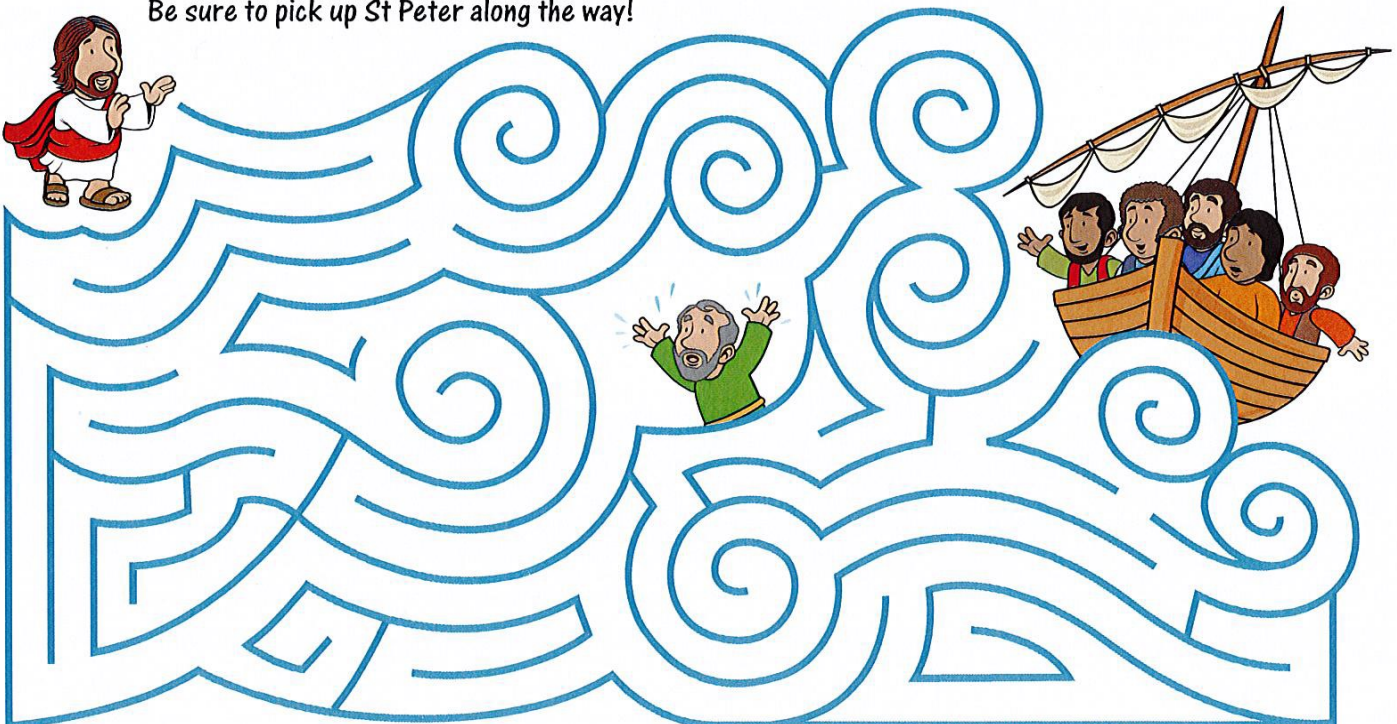
---

---

---

*Amen.*

Help Jesus find his way across the water and onto the boat.  
Be sure to pick up St Peter along the way!





*Please keep in your prayers the children of our parish who are preparing for the Sacrament of First Eucharist. May their families be great models of faith for them during this important time.*

**We, the people of Corpus Christi, seek to grow in living a Christ-centred mission, sharing our gifts to foster welcome, justice and community in today's world.**

### First Eucharist Preparation Groups...

First Eucharist Group Sessions will start on 12th August for the Wednesday group, 13th August for the Thursday group & 15th August for the Saturday group. If you are unable to attend your session, please contact Marie at the Parish Office to arrange attending a different group.

### Final Preparation for First Eucharist

The final preparation for the children will take place on Friday 28th August from 3.30pm - 5.00pm in the school hall. It is really important that all children attend as it will be their only practice as a group.

### Parish Office Hours

At this stage, the Parish Office operating hours have not returned to normal. If you need to visit the office please call first to ensure that someone is there. Please leave a message if we don't answer and we'll get back to you. You are also welcome to email. In the case of an emergency please contact Fr Chris on his mobile, 0415 505 594.

**Thank You dear parishioners for your ongoing financial support to the parish. Your generosity is helping with the ongoing running expenses of our parish.**

### Let us Offer Gifts of Prayer:

#### Anniversaries:

Anthony Azzopardi (08/08/15), Bibiana Zahra (22/07/17)

#### Mass Intentions:

Cameron Hargreaves

#### Recently Deceased:

Paul Xiberras

#### And for those who are sick:

Joan Schneider

*If any parishioner would like Fr Chris to offer Mass for someone who is recently deceased, a loved one's anniversary or if someone is sick, please email the Parish Office. We can also include the person in The Net so everyone can pray for them.*

### PARISHES OF THE DIOCESE WHO ARE STREAMING MASS

PARISH	LOCATION	LINK TO LIVESTREAM
PADRE PIO PARISH	Glenmore Park Parish	Streaming through Facebook – <a href="https://www.facebook.com/gsk2223">https://www.facebook.com/gsk2223</a>
ST JOSEPHS CHURCH	Kingswood Parish	Recording/streaming through YouTube - <a href="https://www.youtube.com/channel/UCIjip15JI6H8TrHkEB6ISdw/featured">https://www.youtube.com/channel/UCIjip15JI6H8TrHkEB6ISdw/featured</a>
ST ANDREW THE APOSTLE	Marayong Parish	Streaming through Facebook - <a href="https://www.facebook.com/standrewsmarayong/">https://www.facebook.com/standrewsmarayong/</a>
ST MARGARET MARYS	Merrylands Parish	Recording/streaming through YouTube - <a href="https://www.youtube.com/channel/UC6FezbQbHtuMSyWUSnaAcA">https://www.youtube.com/channel/UC6FezbQbHtuMSyWUSnaAcA</a>
ST NICHOLAS OF MYRA	Penrith Parish	Streaming through Facebook Live - <a href="https://www.facebook.com/SNOMPenrith/">https://www.facebook.com/SNOMPenrith/</a>
THE GOOD SHEPHERD	Plumpton Parish	Streaming through Facebook Live - <a href="https://www.facebook.com/goodshepherdparishplumpton/">https://www.facebook.com/goodshepherdparishplumpton/</a> <a href="https://www.facebook.com/goodshepherdparishplumpton/videos/163690304720839/">https://www.facebook.com/goodshepherdparishplumpton/videos/163690304720839/</a>
OUR LADY OF LOURDES	Seven Hills Parish	Streamed Mass over weekend to Facebook Live <a href="https://www.facebook.com/LOL7Hills/videos/206449013914284/">https://www.facebook.com/LOL7Hills/videos/206449013914284/</a>
OUR LADY OF THE ROSARY	St Marys Parish	Streamed to Facebook <a href="https://www.facebook.com/OLRparishstmarys/">https://www.facebook.com/OLRparishstmarys/</a>

### Act of Spiritual Communion

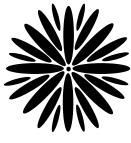
*My Jesus,  
I believe that you are present in the Most Holy Sacrament.  
I love you above all things, and I desire to receive you into my soul.  
Since I cannot at this moment, receive you sacramentally,  
please come spiritually into my heart.  
I embrace you now as if you were already there and I unite myself wholly to you.  
Never permit me to be separated from you. Amen*





# Parramatta Diocesan News

## Plenary Council Discernment Papers Released



You are encouraged to take the discernment papers from the six national Plenary Council writing groups for your own discernment about how to bring to life a Christ-centred community in your area. These papers can be found at <https://plenarycouncil.catholic.org.au/continuing-the-journey-of-discernment/>. The Pastoral Planning Office can accompany you in reflecting on these papers. Please contact [pastoralplanning@parracatholic.org](mailto:pastoralplanning@parracatholic.org) to discuss ways to engage with these discernment papers.

## Annulment Information Online Webinar: Tuesday 4th August

Each year, the Tribunal Office in the Diocese of Parramatta and CatholicCare's Solo Parent Service present an information session to help people understand the process of Annulments in the Catholic Church. This year, the event will be held as an online webinar via Zoom on Tuesday 4 August from 6pm to 8pm. **Registration is essential**, so to register, please call the Tribunal Office on 8838 3480 or email Rita at [soloparentservices@ccss.org.au](mailto:soloparentservices@ccss.org.au)

## Institute for Mission Scripture Reflection Night: 18th August

The Institute for Mission is hosting a free online scripture reflection night with Dr Laurie Woods on Tuesday 18 August at 7pm. The livestream will be hosted on the Institute for Mission's Facebook page [www.facebook.com/ifmconnect](https://www.facebook.com/ifmconnect). Registration is not required.

## Institute for Mission – Reflective Ministry Program available online

The Institute for Mission's Reflective Ministry Program (Word and Mission) is going ahead starting from 18 August. Register here to participate ONLINE <https://www.ifm.org.au/reflective-ministry> or contact Sr Grace on [grace.roclawska@ifm.org.au](mailto:grace.roclawska@ifm.org.au).

## Office for Worship

### Liturgical Ministry Formation Course

The Office For Worship's Liturgical Ministry Formation course will recommence in August at both the Institute for Mission, Blacktown and St Nicholas of Myra Parish, Penrith. Two workshops on Liturgical Ministry will also be provided in October at St Finbar's Parish, Glenbrook. Note: due to restrictions there are limited places available. For more information, contact the Office for Worship on [anne.alimangohan@parracatholic.org](mailto:anne.alimangohan@parracatholic.org)

## Office For Worship Resources Available

The Office For Worship has a range of resources available for purchase for individuals and parishes. Resources such as parent material for baptism or a collation of prayers can be purchased by contacting (02) 8838 3457.

## CatholicCare is Still Open and Operational

CatholicCare Western Sydney and the Blue Mountains services remain open and operational during the current COVID-19 outbreak. Individual offices have been closed to clients, but the service continues to operate with care and support offered via phone, video conferencing/telehealth and online. To make a referral, call 8843 2500 (Mon-Thu 8.30am-8pm, Fri 8.30am-5pm, Sat 9am-1pm), email - [enquiries@ccss.org.au](mailto:enquiries@ccss.org.au) or visit [ccss.org.au](http://ccss.org.au).

## SRE Learning From Home

During the school shutdown, CCD designed some faith resources for families to access for their children as they learned from home. These lessons are fun and prepared specifically for each age group 5-13. The lessons can be found at <https://www.cress.org.au/learning-from-home-sre-lessons/>. For more information contact [cecilia.zammit@parracatholic.org](mailto:cecilia.zammit@parracatholic.org)

## Social Justice COVID-19

### Food and Toiletries Drive

Jesuit Refugee Service and House of Welcome are dealing with a 400% increase in emergency assistance calls and are needing to feed over 1,000 people facing destitution each week. You can help by running a food and toiletry drive or donating yourself. For more information, contact Patrice Moriarty 0409 399 505 or, House of Welcome [office@houseofwelcome.com.au](mailto:office@houseofwelcome.com.au) or JRS [amelia.savage@jrs.org.au](mailto:amelia.savage@jrs.org.au)

## CEDP Safeguarding eSafety Commissioner Webinar: 20 August

Catholic Education and the Office for Safeguarding and Professional Standards are partnering with the eSafety Commissioner for a series of free webinars for parents and carers. The first session, 'Helping Kids Thrive Online' (for children aged 5-12 years) will be held on Thursday 20th August from 12pm to 1pm. To register, please visit [bit.ly/30fPU4F](https://bit.ly/30fPU4F). For more information, please contact [safeguarding@parra.catholic.edu.au](mailto:safeguarding@parra.catholic.edu.au) or visit <https://safeguarding.org.au/prevention-education-and-training/>

## Out of School Hours Care

The Diocese's network of 27 Catholic Out of School Hours Care services are all open and accepting enrolments for children in Years K-6 for Term 3. Child care fees are being reintroduced from 13 July and significant subsidies are available depending on your family circumstances. For more information and bookings, please contact [eyec@parra.catholic.edu.au](mailto:eyec@parra.catholic.edu.au)

## Diocese of Parramatta Tribunal

The Tribunal of the Catholic Church remains open to assist anyone who has questions regarding marriage annulments. Please direct all enquires to the Tribunal office on 8838 3480 or email [tribunal@parracatholic.org](mailto:tribunal@parracatholic.org). The office is open Monday – Friday 9am – 5pm.


*With many thanks to all these local businesses  
who support our parish throughout the year.  
Please consider supporting them when in need of these services...*



**Michael Xiberras**  
0412 914 332

plumbing, drainage, gas fitting,  
backflow prevention, roof plumbing

michael@smickplumbing.com.au      Lic No: 246475C



**Services Provided:**  
*Installation & Service of:*

- \* Alarm Systems
- \* CCTV
- \* Video Intercom
- \* All Electrical & Data Cabel-

**Vic Xiberras**  
Alarm Technician  
Lic. No. 407 563 753

**Vic Xiberras: 0418 234 293**  
**Dianne Xiberras: 0400 774 213**  
info@cranebrooksecurity.com.au  
www.cranebrooksecurity.com.au

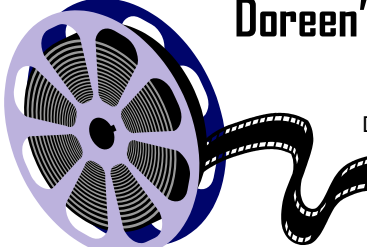
**CHIROPRACTOR**

**Mary Anne Lowery**  
*Doctor of Chiropractic & Osteopathy*

For the treatment and prevention of:

- Back & neck pain
- Sporting injuries
- Headache
- Postural problems
- Whiplash injuries
- Sciatica

44 Castlereagh St Penrith • 4721 2143 • 0413 835 555



**Doreen's Movie Transfer**

Transfer all your Movies,  
Films, Photos & Negatives to a  
DVD, Blue Ray Disc, Memory Stick  
or Portable Hard Drive.

**Doreen Vella**  
**Mobile: 0414 289 944**

**Bateman Battersby**  
L A W Y E R S

*We invite members of the parish to take advantage of our legal  
services specialising in:*

Property Law, Business Law, Wills & Estates and Family Law.

**Ph: 02 4731 5899**  
**www.batemanbattersby.com.au**



**NEPEAN VALLEY**  
FUNERALS


Traditional Care with Dignity & Respect

**Tel: 4722 8222 24hrs / 7 days**  
**Local family owned and operated.**

Shop 4 / 2-6 Castlereagh Street, Penrith



Catholic Cemeteries  
& Crematoria  
Care, Compassion, Choice



**NQA**  
ELECTRICAL

**Nicholas Farrugia**  
0423 904 650

- ⇒ Domestic
- ⇒ Commercial
- ⇒ Industrial

Lic No: 254443C



**Peter Betros**  
Sales Consultant - 0400 093 458

352 High Street Penrith  
T 0247 284 000 F 0247 225 228

**propertycentral**  
.com.au

**THIS SPACE IS AVAILABLE  
FOR ADVERTISING.  
FOR MORE DETAILS  
PLEASE CONTACT THE PARISH OFFICE  
ON 4730 1249.**

**THIS SPACE IS AVAILABLE  
FOR ADVERTISING.  
FOR MORE DETAILS  
PLEASE CONTACT THE PARISH OFFICE  
ON 4730 1249.**

**THIS SPACE IS AVAILABLE  
FOR ADVERTISING.  
FOR MORE DETAILS  
PLEASE CONTACT THE PARISH OFFICE  
ON 4730 1249.**

**THIS SPACE IS AVAILABLE  
FOR ADVERTISING.  
FOR MORE DETAILS  
PLEASE CONTACT THE PARISH OFFICE  
ON 4730 1249.**

# Solutions

19th Sunday in Ordinary Time, Year A

Help Jesus find his way across the water and onto the boat.  
Be sure to pick up St Peter along the way!

